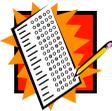


Byerley Park Primary School Newsletter

Issue 9

8th February 2019



KS2 SATs dates for 2019 and Assessments for all pupils

Monday, 13th May – Thursday, 16th May, 2019.

All Y6 pupils will be having SATs tests during this week. It is **VITAL** that all Y6 children are in school during all of this week. Failure to attend school for any of the SATs tests will result in the pupil not being awarded the grade that their hard work deserves.

The rest of the school will take on-going assessment tests throughout the months of May and June.

PTA News

School Disco – Thursday 14th February



Infants (Reception, Year 1 & Year 2) – **5.30pm – 6.50pm,**

Juniors (Years 3,4,5, & 6) - **7pm – 8.30pm.**

£2.50 to include a light snack and drink. Pay on the door. For safety reasons, please do not use the staff car park to drop off/pick up children. Parents of Reception children are asked to stay with their child at the disco.

'Active 30 Durham Hub' School Video



You may recall that we were chosen by Sedgfield School Sports Partnership to be filmed as an example of good practice of an active school. A team from the SSP attended our school last term and they have produced a great video of our school and children. This video is now featured on the Active 30 Durham Hub website.

If you would like to have a look at this video, please click on the below link that will take you directly to it.

<https://www.youtube.com/watch?v=RP4dIYevGIw>

Medicines in School Policy

Our School Governors met last week to discuss our school policy on giving medicine in school.

It has been agreed that school staff will continue to give medicine to pupils only if the medicine is obtained from a Doctor's prescription and it needs to be taken four times a day.

Parents will need to complete an Administration of Medication in school form (available from the office) to give permission for staff to do this.

For all other non-prescribed medicines, e.g. paracetamol, ibuprofen etc. parents or another authorised adult, will need to pop in to school, at the relevant time, to administer this medicine themselves. School will not give children this type of medication in school.

Birthday Cakes

This is a polite reminder to parents, asking you to please not send birthday cakes to school for distribution to the class.

Whilst it is a lovely thing to do, we do have a number of children in school with food allergies and intolerances and are unable to join in with the sharing of the cakes.

Thank you for your understanding.

Dental Hygiene



Please see the below useful information newsletter from the School Nurse Team, dealing specifically with Dental Hygiene.

February 2019

Welcome to our school nurse team newsletter. We will be sending healthy messages out each month. Please take the time to look at this with your children.

Dental Hygiene call to action



Dear Parent/Guardian

Help keep your children's teeth clean and healthy please. Your child should be brushing their teeth with fluoride toothpaste, at least twice every day.

Top tips for brushing with your child

Brush teeth and gums thoroughly last thing at night and at least one other time during the day, with Fluoride toothpaste.

Children under 3 years should have no more than a smear of toothpaste with no less than 1000ppm of fluoride content (ppm - parts per million)

Children over 3 years of age should use no more than a pea-sized amount of toothpaste with at least 1000ppm of fluoride content - this is printed on the tubes. Children need help with brushing until they are at least 7 years old as they miss the back teeth

Did you Know!

- Everyone should use a small headed toothbrush or an electric.
- Haribo sweets have the most sugar in, to rot teeth.
- 10yr old children have eaten enough sugar for an 18yr old!
- Sugar clings to the teeth and can take two lots of teeth cleaning to remove it

How to clean your teeth

- Put a small pea sized amount of toothpaste onto a dry brush 
- Brush for 2 minutes - it may help to use a timer
- Brush both, top and bottom teeth, outside and inside, back and front and biting surfaces. Don't forget the tongue.
- Your child should spit out excess toothpaste, **do not** rinse after brushing as this removes the fluoride protection from the teeth.
- Rinse the toothbrush after use and put to air dry so that brush head is not touching anything - ready for the next time.

Other tips to care for teeth

Sugary foods and drinks can damage teeth, keep these to a minimum and try to have at mealtimes only.



Between meals, drink water or milk and try not to snack



Dental check up's are important, and everyone should have regular dental visits.



To find a dentist visit www.nhs.uk

If you would like further advice and support on this or any other health topics please feel free to contact the school nurse team.

School Nurse team telephone number 03000269036